

RE-USABLE CLOTH MASKS INSTRUCTIONS and INFORMATION

IMPORTANT: WASH AND DRY MASKS BEFORE USE!!

The DIY cloth masks provide the wearer with **limited protection** against inhaling airborne coronavirus. If properly used, they will help you touch your face less. If a person is coughing, that person wearing a cloth mask can help contain their cough and droplets produced.

People using cloth masks need to follow the general instructions of maintaining six-foot separation, not touching your face with unwashed hands, washing your hands with soap & water or hand sanitizer, and disinfecting/cleaning touched surfaces.

Masks should fit snugly against the face. Adjust the nose clamp (if available) for the tightest fit possible.

The greatest contamination risk is from touching the surface of the contaminated mask, so **clean hands with soap before and after touching** or adjusting the mask.

Also, **avoid touching the inside of the mask**. If you touch the inside of the mask, perform wash your hands or use hand sanitizer.

Don't eat or drink by moving the mask to the side, as this will negate its purpose.

If the mask becomes wet from sneezing/ coughing /breathing, **replace it with a new one.**

Wear gloves when you touch used masks.

After use, remove the mask and **wash with detergent**. After changing the mask, clean hands as noted above. It is best to wash masks in a washer and dry in a dryer; next best, wash with soap and water and line-dry in the sun. Adding bleach or ironing on high temp may also help sanitize masks but shouldn't be necessary.

With deep gratitude for all you do from ValleyMasks & MassMakeMasks.org

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